

## August 2009 Hike Schedule

### Saturday, August 1

- 9:00 am CAMP WORK SESSION. Camp Onwego. Refreshments provided. All are welcome. Contact Steve Paliga for details.
- a. 9:00 am South Chagrin Res. Squaw Rock PA. Trails/Hills/Stream Crossing. 5 miles-*Beverly Dahms*
- b. 9:00 am Mentor. Mentor Lagoons Marina & Park, Harbor Dr. off Lake Shore Blvd. (SR 283). Trails. 5 miles-*Margaret DeMarco*
- c. 9:00 am LEISURE HIKE. Rocky River Res. South Mastick PA. Trails. 3 miles-*Mary Bartos*
- d. 9:30 am Rocky River Res. Scenic Park PA. Socialize at Sweetwater Landing after hike. Trails/APT. 5 miles-*Diana Stack*
- e. 9:30 am North Chagrin Res. Nature Center. Trails/Hills. 7 miles-*Leo Deininger*
- f. 2:00 pm Rocky River Res. South Mastick PA. Trails/APT. 6 miles-*Laszlo Prisko*
- 5:30 pm Onwego. Potluck. Social at 5:30. Dinner at 6:00 pm. Reservations to Lee Shainker. Hosts-*Norma Delp & Louise Melnik*
- 7:00 pm Onwego. General Meeting

### Sunday, August 2

- a. 9:00 am Rocky River Res. Nature Center overflow parking lot. Trails/Hills. 5 miles *Pat-Irvine*
- b. 9:00 am South Chagrin Res. Squaw Rock PA. Trails/Hills/Stream Crossing. 5 miles-*Darlene Jacobson*
- c. 9:00 am Brecksville Res. Nature Center. Trails/Hills/APT. 5 miles-*Norma Delp*
- d. 9:00 am CVNP. Station Road Bridge. Trails/Hills/*Energetic*. 10 miles-*John Sech*
- e. 11:00 am South Chagrin Res. Squaw Rock PA. Trails/Hills. 5 miles-*Roger Romito*
- f. 11:00 am Rocky River Res. Nature Center overflow parking lot. Trails/APT. 5 miles-*Bill Rettig*
- g. 11:00 am Brecksville Res. Nature Center. Trails/Hills. 5 miles-*Nick Caruso*
- h. 2:00 pm LEISURE HIKE. Lorain County. Oberlin. Tappan Square Bandstand. From I-480 West, continue on SR 10, which becomes SR 20. Exit SR 511 toward Oberlin, SR 58 (Main St). Sidewalks. 3 miles-*Jerry Berner*
- i. 2:00 pm Hinckley Res. Spillway. Parking lot east of spillway (left when facing dam). Trails/APT/Roads. 5 miles-*Diane & Paul Urban*
- j. 6:00 pm Hinckley Res. Spillway. Parking lot east of spillway (left when facing dam). Trails/APT/Hills. 5 miles-*Norma Delp*
- k. 6:00 pm Mill Stream Run Res. Wallace Lake PA. Trails/APT. 5 miles-*Bob Warner*
- l. 6:00 pm Sagamore Hills. Sagamore Square Plaza, SR 82 and Holzhauser Rd. Roads/Trails/Hill 6 miles-*Janice Radl*

### Monday, August 3

- a. 8:30 am Westlake. Crocker Park. Crocker & Detroit Rds. Park behind Trader Joe's. Sidewalks. 5 miles-*Judy & Bob Lawless*
- b. 9:00 am Summit County. Cuyahoga Falls. Gorge Metro Park. Take SR 8 south to Howe Rd. exit. Go west on Howe which becomes Gorge Blvd. to Front St., then north on Front to park entrance on left. Trails/Hills. 7 miles-*Ron Konieczynski*
- c. 9:30 am North Chagrin Res. Squire's Castle PA. Trails/Hills. 5 miles-*Joan Prentice*
- d. 10:00 am LEISURE HIKE. Middleburg Hts. Heinen's parking lot, 15300 E. Bagley Rd. at Pearl Rd. APT/Trails. 3 miles-*Adela Kuc*
- e. 6:30 pm TWO FOR ONE BURGER HIKE. Sagamore Hills. Sagamore Square Plaza, SR 82 & Holzhauser Rd. Socialize at Loose Moose after hike. Trails/Roads/APT/Hills. 5 miles-*Judi Krahn*
- f. 7:00 pm Rocky River Res. Nature Center overflow parking lot. Trails/Hills/APT. 5 miles-*Diana Stack*
- g. 7:00 pm Euclid Creek Res. Highland PA. Trails/Sidewalks/Hill. 5 miles-*Joan Prentice*

### Tuesday, August 4

- a. 8:30 am Camp Onwego. Trails/APT. 6 miles-*Marie Buser*
- b. 9:00 am South Chagrin Res. Sulphur Springs PA. Trails/Hills. 5 miles-*Rita Gabrovsek*
- c. 9:00 am LEISURE HIKE. North Chagrin Res. Forest PA (meet at A. B. Williams Memorial Woods parking lot). Trails. 3 miles-*Margaret DeMarco*
- d. 9:00 am Avon. Avon Commons, SR 254 about 0.25 mile east of SR 83. Park by Kohl's. APT/Sidewalks. 5 miles-*Judy Muzzy*
- e. 9:00 am Lake County. Kirtland Hills. Holden Arboretum. From I-90 go south on SR 306. Turn left and go southeast on Kirtland-Chardon Rd. Turn left and go north on Sperry Rd. to the

- entrance. A fee is required. Admission free for seniors. Trails/Hills. 5 miles-*Polly Sems*
- f. 10:00 am LEISURE HIKE. CVNP. Station Road Bridge. Towpath. 3 miles-*Earl Waltz*
- g. 7:00 pm ICE CREAM HIKE. Chagrin Falls. Bandstand on the Triangle. Sidewalks. 5 miles-*Karen Leary*
- h. 7:00 pm Brecksville Res. Oak Grove PA. Trails/APT/Hills. 5 miles-*Norma Delp*
- i. 7:00 pm Lakewood. Lakewood Park, Lake & Belle Aves. Sidewalks. 6 miles-*Rhonda Skalsky*

### Wednesday, August 5

- a. 8:30 am Olmsted Falls. Gazebo parking lot at Columbia (SR 252) & Water St. Sidewalks/Trails/Roads. 5 miles-*Judy & Bob Lawless*
- b. 9:00 am CVNP. Oak Hill. **On & Off** Trails/Hills. 6 miles-*Dave Tobiasz*
- c. 9:00 am Shaker Hts. RTA parking lot, NW corner of Shaker Blvd. & Green Rd. Trails/APT. 5 miles-*Marcia Bodzin*
- d. 9:00 am LEISURE HIKE. Big Creek Res. Fern Hill PA. APT. 3 miles-*Barbara Sprague*
- e. 9:30 am Rocky River Res. Nature Center overflow parking lot. Trails/Hills. 5 miles-*Tom Litzler*
- f. 9:30 am CVNP CHALLENGE HIKE. Everett Road Covered Bridge. Trails/Hills. 5 miles-*John Nelson*
- g. 10:00 am LEISURE HIKE. Bainbridge. Frohring Meadows. 16780 Savage Rd. RT 422 E. to RT 306 N. quick left on Chagrin Rd. to north on Savage. APT. 3 miles-*Carol Schiemann*
- h. 6:30 pm Bedford Res. Hemlock Creek PA. Trails/Hills. 5 miles-*Roger Romito*
- i. 7:00 pm Cleveland. Steelyard Commons, off W. 14th St. on Steelyard Dr. Park by Home Depot. Sidewalks/APT. 5 miles-*Charles Rakes & Lisa Ungvarsky*
- j. 7:00 pm Strongsville. Park at Strongsville Turnpike RTA Park & Ride. **On & Off** Trails/APT. 6 miles-*Sharon & Ed Horvath*

### Thursday, August 6 Full Moon

- a. 9:00 am South Chagrin Res. Polo Field. Park in lot on South Woodland Rd (Rt. 87) east of Chagrin River Rd. Trails. 5 miles-*Margaret DeMarco*
- b. 9:00 am CVNP. Station Road Bridge. Trails/Hills/**Energetic**. 7 miles-*Cathy Berlo*
- c. 9:30 am LEISURE HIKE. Mill Stream Run Res. Bonnie Park PA. Trails. 3 miles-*Marilyn Demsey*
- d. 9:30 am LEISURE HIKE. Twinsburg. Liberty Park Ball Fields. Liberty Rd. between Post & Cannon Rds. Trails. 3 miles-*George Allison*
- e. 10:00 am Mill Stream Run Res. Wallace Lake PA. Trails/APT. 5 miles-*Adela Kuc*
- f. 7:00 pm Mill Stream Run Res. Bonnie Park PA. Trails/Hills/APT. 6 miles-*Matt Collings*
- g. 7:00 pm CVNP. Canal Visitor Center. Valley View. Canal & Hillside Rds. Towpath. 5 miles (3 mile option)-*Kathy Wilmer*
- h. 7:30 pm Rocky River Res. Nature Center overflow parking lot. Trails/Hills. 5 miles-*Dave Tobiasz*

### Friday, August 7

- a. 9:00 am South Chagrin Res. Shelterhouse PA. Trails/Hills. 6 miles-*John Gabrovsek*
- b. 9:00 am Rocky River Res. South Mastick PA. Trails/Hills/Sidewalks. 5 miles-*Helga Balta*
- c. 9:30 am Boston Hts. Hike and Bike Trailhead parking lot, SR 303 west of both SR 8 and the BP Station. APT. 5 miles-*Ray Lusin*
- d. 10:00 am CVNP. Red Lock Trailhead. Trails/Hills. 5 miles-*Nick Caruso*
- e. 10:00 am LEISURE HIKE. Cleveland. Kamm's Plaza, Lorain Ave. & Rocky River Dr. Sidewalks. 3 miles-*Bill Brahms*
- f. 10:00 am LEISURE HIKE. North Chagrin Res. Nature Center. Trails. 3 miles-*Nancy Kewish*
- g. 10:00 am Hinckley Res. Spillway. Parking lot east of spillway (left when facing dam). Trails/APT/Road. 5 miles-*Diane & Paul Urban*
- h. 7:00 pm North Chagrin Res. Strawberry PA. Trails/Hills/APT. 5 miles-*Thomas Cady*
- i. 7:00 pm Mill Stream Run Res. Wallace Lake PA. Sidewalks/APT. 5 miles-*Rich Schapel*
- j. 7:00 pm CVNP. Canal Visitor Center. Valley View. Canal & Hillside Rds. Towpath. 5 miles (3 mile option)-*Kathy Wilmer*

### Saturday, August 8

- a. 8:00 am TRAIL WORK SESSION. CVNP. Boston Store. Bring work gloves. Allow 3 hours. Trails/Hills. 5 miles-*Carol Lewanski*
- b. 8:00 am Shaker Hts. RTA parking lot, NW corner of Shaker Blvd. & Green Rd. Sidewalks/APT. 5 miles-*Jane Hill*
- c. 8:30 am TWINS DAY PARADE HIKE. Twinsburg. Glenmeadow Park at Idlewood & Glenwood Drs. Trails/Hill/APT. 7 miles-*John Gabrovsek*

- d. 9:00 am Brecksville Res. Nature Center. Trails/Hills. 5 miles-*John Sech*
- e. 9:00 am Mill Stream Run Res. Wallace Lake PA. Trails/Hills/APT. 5 miles-*Matt Collings*
- f. 9:00 am Camp Onwego. Trails/Hills/**Brisk**. 10 miles-*Doug Hardman*
- g. 9:00 am Lorain County. Elyria. Black River Res. Take I-90 west to exit 148 (SR 254). Turn west to Gulf Rd. then left (south) to Ford Rd. Turn right (west) on Ford to Bur Oak entrance and parking. APT. 6 miles-*Judy Muzzy*
- h. 9:30 am LEISURE HIKE. Brecksville Res. Oak Grove PA. Trails. 3 miles-*Joanne Pohlchuck*
- i. 2:00 pm Cleveland Hts. Forest Hill Park. Lee Rd. north of Monticello Blvd. parking lot 1. Trails/APT. 5 miles-*Joan Prentice*
- j. 2:00 pm Mill Stream Run Res. Bonnie Park PA. Trails/APT. 5 miles-*Bill Rettig*
- k. 7:00 pm Berea. Coe Lake. (South Rocky River Dr. behind Berea Police Station). Trails/APT. 5 miles-*Tammy & John Sech*

### Sunday, August 9

- a. 9:00 am MEDICARE 65 HIKE. Camp Onwego. Tailgate party after hike, hamburgers & hotdogs provided. **On & Off Trails/Energetic**. 11 miles-*Barb Appel & Harvey Hanna*
- b. 9:00 am Mill Stream Run Res. Bonnie Park PA. Trails/APT. 5 miles (3 mile option)-*Kathy Wilmer*
- c. 9:00 am RECONNECT WITH MERRYL. South Chagrin Res. Sulphur Springs PA. Trails/Hills. 10 miles-*Peter & Meryll Carlsson*
- d. 9:00 am South Chagrin Res. Shelterhouse PA. Trails/Hills. 5 miles-*Charlie McGibony*
- e. 11:00 am South Chagrin Res. Shelterhouse PA. Trails. 5 miles-*Kevin Marriott*
- f. 11:00 am LEISURE HIKE. Lake County. Kirtland. Chapin Forest. Enter off Hobart Rd. north of US 6. Do not use entrance off SR 306. Trails/Hill. 3 miles-*Margaret DeMarco*
- g. 11:00 am Mill Stream Run Res. Bonnie Park PA. Trails/APT. 5 miles-*Diane Urban*
- h. 1:00 pm LEISURE HIKE. FROSTVILLE ART SHOW. Rocky River Res. Nature Center overflow parking lot. Trails. 3 miles-*Mary Bartos*
- i. 2:00 pm Rocky River Res. Lagoon PA. Trails/Hills/APT. 5 miles-*Adela Kuc*
- j. 6:00 pm Shaker Hts. Nature Center at Shaker Lakes, 2600 S. Park Blvd. Trails/APT/Sidewalks. 5 miles-*Jane Hill*
- k. 6:00 pm Big Creek Res. Snow Road PA. Trails/APT. 5 miles (3 mile option)-*Mary Eitel-Kim*
- l. 6:00 pm Sagamore Hills. Sagamore Square Plaza, SR 82 and Holzhauser Rd. Roads/Trails/Hill 6 miles-*Janice Radl*

### Monday, August 10

- a. 8:30 am Rocky River Res. South Mastick PA. Trails. 6 miles-*Matt Collings*
- b. 9:00 am Chagrin Falls. Bandstand on the Triangle. Trails/Sidewalks. 5 miles-*Alice Kruse*
- c. 9:00 am SCOUTING HIKE. CVNP. Everett Road Covered Bridge. **On & Off** Trails/Hills/**Strenuous**. 7 miles-*Dave Tobiasz*
- d. 9:30 am LEISURE CVNP CHALLENGE HIKE. Brandywine Falls. Drive to Blue Hen for 2nd half. Trails/Hills/Stream Crossing. 3 miles-*John Nelson*
- e. 10:00 am LEISURE HIKE. Rocky River Res. South Mastick PA. Trails. 3 miles-*Mary Bartos*
- f. 7:00 pm Brooklyn Heights. Park at Tuxedo Park. Creek Hike wear wetttable shoes. Trails/Creek Crossing. 5 miles-*Ed & Sharon Horvath*
- g. 7:00 pm Mill Stream Run Res. Bonnie Park PA. Trails/APT. 5 miles-*Bill Rettig*
- h. 7:00 pm South Chagrin Res. Squaw Rock PA. Trail/sHills. 5 miles-*Darlene Jacobson*

### Tuesday, August 11

- a. 9:00 am Boston Hts. Hike and Bike Trailhead parking lot, SR 303 west of both SR 8 and the BP Station. APT. 5 miles-*Ray Lusin*
- b. 9:00 am Mill Stream Run Res. Wallace Lake PA. Trails/APT. 5 miles-*Eloise & Cedric Plavney*
- c. 9:00 am LEISURE HIKE. Parma. Midtown Shopping Center. Broadview & Snow Rds. Park near Marc's. Sidewalks. 3 miles-*Barbara Sprague*
- d. 9:30 am Bedford Res. Egbert PA. Trails/Hills/Stream Crossing/**Energetic**. 5 miles-Roger Romito
- e. 10:00 am LEISURE HIKE. CVNP. Peninsula, Lock 29 overflow parking lot. Trails. 3 miles-*Jytte Hansen*
- f. 7:00 pm Westlake. Bradley Road Nature Park, ¼ mile south of Hilliard (NOT Bradley Woods). Sidewalks/Roads. 6 miles-*Linda Heiden & John Heidenreich*
- g. 7:00 pm Rocky River Res. Scenic Park PA. APT. 5 miles-*Ed Meleason*
- h. 7:00 pm ICE CREAM HIKE. Ohio & Erie Canal Res. Cuyahoga Heights Bacci Park, Canal Rd. between E. 71st and Warner Rd. Park in lot off Canal Rd. APT/Sidewalks. 5 miles-*Karen Cogley*

### Wednesday, August 12

- a. 9:30 am Rocky River Res. South Mastick PA. Trails/Hill. 5 miles-*Tom Litzler*
- b. 9:30 am LEISURE HIKE. Hudson. Hudson Springs Park, south of Turnpike on Stow Rd., north of SR 303. Trails. 3 miles-*George Allison*
- c. 9:30 am Twinsburg. Liberty Park Ball Fields. Liberty Rd. between Post & Cannon Rds. Trails/Hills/**Energetic**. 6 miles-*Bob Rosenthal*
- d. 9:30 am North Chagrin Res. Nature Center. Trails/Hills. 5 miles-*Ed Steigerwald*
- e. 2:00 pm LEISURE HIKE. Brooklyn Board of Education. 9200 Biddulph Rd. Sidewalks. 3 miles-*Mary Seidowski*
- f. 7:00 pm Big Creek Res. Snow Road PA. Trails/APT. 5 miles (3 mile option)-*Mary Eitel-Kim*
- g. 7:00 pm Bedford Res. Sagamore Grove PA. Trails/Hills. 5 miles-*Bill Miller*

### Thursday, August 13

- a. 9:00 am Hudson. Hudson Springs Park, south of Turnpike on Stow Rd., north of SR 303. Trails. 5 miles-*Doreen King*
- b. 9:30 am North Chagrin Res. Nature Center. Trails/Hills. 5 miles-*John Nelson*
- c. 9:30 am Rocky River Res. Nature Center overflow parking lot. Trails/APT. 5 miles-*Elsie Davies*
- d. 9:30 am LEISURE HIKE. Big Creek Res. Snow Road PA. APT/Trails. 3 miles-*Marilyn Demsey*
- e. 10:00 am LEISURE HIKE. CVNP. Oak Hill. Trails. 4 miles-*Roy Kress*
- f. 10:30 am INDIANS GAME HIKE. Game attendance optional. Park at 24<sup>th</sup> & Bridge Ave lot. Sidewalks. 5 miles-*Donna McCafferty*
- g. 7:00 pm Shaker Hts. Park in the lot to the left (west) of AmTrust Bank on Farnsleigh, across from the Van Aken Shopping Center. Sidewalks. 5 miles-*Jane Hill*
- h. 7:00 pm Cleveland. Edgewater State Park, west end (Perkins Beach). Enter lot from north end of West Blvd. APT/Roads/Sidewalks. 5 miles-*Rhonda Skalsky*

### Friday, August 14 V-J Day

- a. 9:00 am North Chagrin Res. Nature Center. Trails/Hills. 5 miles-*Kevin Marriott*
- b. 9:00 am Mill Stream Run Res. Wallace Lake PA. Trails/APT/Hills. 5 miles-*Helga Balta*
- c. 10:00 am LEISURE HIKE. Middleburg Hts. Middleburg Town Square Shopping Center. 18348 Bagley Rd. .5 miles west of I 71. Park in front of Regal Cinema. APT. 3 miles-*Kathy Wilmer*
- d. 10:00 am Rocky River Res. South Mastick PA. Trails. 5 miles-*Adela Kuc*
- e. 7:00 pm LEISURE HIKE. Chagrin Falls. Bandstand on the Triangle. Socialize after hike. Sidewalks. 4 miles-*Suzanne Bellini*
- f. 7:00 pm ICE CREAM HIKE. CVNP. Station Road Bridge. Trails/Hills/APT. 5 miles-*Judi Krahn*
- g. 7:00 pm Mill Stream Run Res. Wallace Lake PA. Trails/Sidewalks/APT. 5 miles-*Bill Rettig*

### Saturday, August 15

- a. 8:30 am North Chagrin Res. Nature Center. Trails/Hills. 7 miles-*Larry Martin*
- b. 10:00 am CVNP. Oak Hill. Trails/Hills. 5 miles-*Nick Caruso*
- c. 10:00 am Garfield Hts. Garfield Mall, Rockside & Turney Rds. Meet in the lot immediately to the right of the Rockside Rd. entrance. Socialize at Don Tequila Mexican Restaurant after hike. Sidewalks. 5 miles-*Charles Rakes & Lisa Ungvarsky*
- d. 10:00 am LEISURE HIKE. North Chagrin Res. Nature Center. Trails. 3 miles-*Nancy Kewish*
- e. 10:30 am Fairview Park Public Library, 21255 Lorain Rd. Trails/Sidewalks. 5 miles-*Richard Urbas*
- f. 11:00 am North Chagrin Res. Nature Center. Trails/Hills. 5 miles-*Kevin Marriott*
- g. 2:00 pm LAKE-TO-LAKE HIKE. Middleburg Hts. Middleburg Town Square Shopping Center. 18348 Bagley Rd. .5 miles west of I 71. Park in front of Regal Cinema. APT. 5 miles (3 mile option)-*Kathy Wilmer*
- h. 7:00 pm ICE CREAM HIKE. Bedford Res. Hemlock Creek PA. Trails/Hills. 5 miles-*Bill Miller*
- i. 7:00 pm Big Creek Res. Snow Road PA. Trails/APT. 5 miles-*Fran Pelcin*

### Sunday, August 16

- a. 8:00 am 90 in SIX. Mill Stream Run Res. PawPaw PA. Trails/Hills/**Energetic**. 15 miles (10 mile option)-*Matt Collings*
- b. 9:00 am Mill Stream Run Res. Bonnie Park PA. Trails/APT. 5 miles (3 mile option)-*Kathy Wilmer*
- c. 9:00 am Brecksville Res. Nature Center. Trails/Hills/APT. 5 miles-*Norma Delp*
- d. 9:00 am CVNP. Happy Days. Trails/Hills. 10 miles-*Bob Maruna*

- e. 9:30 am Twinsburg. Liberty Park Ball Fields. Liberty Rd. between Post & Cannon Rds. Trails/Hills/**Energetic**. 6 miles-*Bob Rosenthal*
- f. 11:00 am Mill Stream Run Res. Bonnie Park PA. Trails/APT. 5 miles-*Elsie Davies*
- g. 2:00 pm LEISURE HIKE. Lakewood. Lakewood Park, Lake & Belle Aves. Sidewalks. 3 miles-*Rachel Abernethy*
- h. 2:00 pm Berea. Coe Lake. (South Rocky River Dr. behind Berea Police Station). Trails/APT. 5 miles-*Kathy Mates*
- i. 6:00 pm Mill Stream Run Res. Wallace Lake PA. Trails/APT. 5 miles-*Diana Stack*
- j. 8:00 pm LITTLE ITALY FEAST OF THE ASSUMPTION HIKE. Cleveland Hts. Roxboro Elementary School parking lot, 2405 Roxboro Rd. (north off North Park Blvd.) Includes fireworks & closing procession. Return 10:30 pm. Sidewalks. 5 miles-*Suzanne Bellini*
- k. 6:00 pm Sagamore Hills. Sagamore Square Plaza, SR 82 and Holzhauser Rd. Roads/Trails/Hill 6 miles-*Janice Radl*

### Monday, August 17

- a. 8:00 am North Chagrin Res. Nature Center. Trails/Hills/**Energetic**. 10 miles-*Art Lieberman*
- b. 8:30 am Bradley Woods Res. Codrington Shelterhouse PA. Trails/Sidewalks. 6 miles-*Judy & Bob Lawless*
- c. 9:30 am Auburn Lakes, Bainbridge. Timmons School, 9595 Washington St. ½ miles east of Snyder Rd. APT. 5 miles-*Joan McDermitt*
- d. 10:00 am LEISURE HIKE. Rocky River Res. Lagoon PA. APT/Trails. 3 miles-*Adela Kuc*
- e. 7:00 pm Brecksville Res. Nature Center. Trails/Hills. 5 miles- *John & Tammy Sech*
- f. 7:00 pm Cleveland Heights. Coventry Rd. south of Mayfield Rd. Meet in front of parking garage just south of Mayfield Rd. Parking meters take dimes. Socialize after hike. Sidewalks. 5 miles-*Suzanne Bellini*
- g. 7:00 pm ICE CREAM HIKE. Westlake. Clague Park, Hilliard & Clague Rds. Enter parking lot off Hilliard Rd. at east end of park. Sidewalks. 5 miles-*Rose Prisko*

### Tuesday, August 18

- a. 8:30 am Rocky River Res. Nature Center overflow parking lot. Trails/APT/Hill. 5 miles-*Gail Holian*
- b. 9:30 am North Chagrin Res. Nature Center. Trails/Hills. 7 miles-*Leo Deininger*
- c. 9:30 am South Chagrin Res. Polo Field. Park in lot on South Woodland Rd (Rt. 87) east of Chagrin River Rd. Trails. 5 miles-*Sue Portnoy*
- d. 9:30 am LEISURE HIKE. Summit County. Akron. Memorial Parkway Trailhead. I-77 south to SR 18, east to Portage Path. north to Memorial Parkway, east to Trailhead, west side of Little Cuyahoga River. Towpath. 4 miles-*Matilda Varga*
- e. 10:00 am LEISURE HIKE. Cleveland. Gordon Square. Detroit and West 65<sup>th</sup> ST. Park behind northwest corner, meet on southeast corner. Sidewalks. 3 miles-*Earl Waltz*
- f. 7:00 pm South Chagrin Res. Shelterhouse PA. Trails/Hills. 5 miles-*Karen Leary*
- g. 7:00 pm Shaker Hts. Nature Center at Shaker Lakes, 2600 S. Park Blvd. Trails/APT. 5 miles-*Leo Deininger*
- h. 7:00 pm Rocky River Res. Memorial Field. Trails/Hills/**Energetic**. 5 miles-*Joel Edmonds*

### Wednesday, August 19

- a. 9:00 am Brecksville Res. Nature Center. Trails/Hills. 5 miles-*Tim Klodnick*
- b. 9:00 am CVNP CHALLENGE HIKE. Boston Store. Trails/Hills. 9 miles-*John Nelson*
- c. 10:00 am CVNP. Peninsula, Lock 29 overflow parking lot. Towpath. 7 miles (4 mile option)-*Joan Clark*
- d. 9:30 am Rocky River Res. Nature Center overflow parking lot. Trails/Hills. 5 miles-*Tom Litzler*
- e. 9:30 am LEISURE HIKE. South Chagrin Res. Harper Ridge PA. Trails. 3 miles-*George Allison*
- f. 10:00 am LEISURE HIKE. Olmsted Falls. Gazebo parking lot at Columbia (SR 252) & Water St. No Dogs. Sidewalks/Roads. 3 miles-*Suzanne & Tim McCarthy*
- g. 7:00 pm Bedford Res. Egbert PA. APT. 5 miles-*Charles Rakes & Lisa Ungvarsky*
- h. 7:00 pm Brooklyn. Biddulph Plaza. Biddulph & Ridge Rds. Park near Giant Eagle. Sidewalks/Trails/APT. 5 miles-*Kathy Driscoll*

### Thursday, August 20

- a. 9:00 am CVNP. Kendall Lake. Trails/Hills. 5 miles-*Gordon Mann*
- b. 9:30 am Middleburg Hts. Middleburg Town Square Shopping Center. 18348 Bagley Rd. .5 miles west of I 71. Park in front of Regal Cinema. Trails/APT. 5 miles-*Kathy Mates*

- c. 10:00 am LEISURE HIKE. Boston Hts. Hike and Bike Trailhead parking lot, SR 303 west of both SR 8 and the BP Station. APT. 4 miles-*Roy Kress*
- d. 2:00 pm Geauga County. Russell Twp. West Woods Nature Center, SR 87, 1.7 miles east of SR 306. Meet at Turkey Ridge Shelter. After hike a naturalist will talk on basic birding. Bring snack to share after talk. Trails. 5 miles-*Lee Schiemann*
- e. 2:00 pm LEISURE HIKE. Big Creek Res. Fern Hill PA. APT. 3 miles-*Kathy Wilmer*
- f. 7:00 pm ICE CREAM HIKE. Cleveland. Kamm's Plaza, Lorain Ave. & Rocky River Dr. APT/Sidewalks. 6 miles-*Helga Balta*
- g. 7:00 pm Twinsburg. Dodge Middle School parking lot, 10225 Ravenna Rd. Trails/APT. 5 miles-*Sue Nelson*

#### Friday, August 21

- a. 8:30 am Rocky River Res. South Mastick PA. Trails. 6 miles-*Matt Collings*
- b. 9:30 am Shaker Hts. Nature Center at Shaker Lakes, 2600 S. Park Blvd. Trails. 5 miles-*Tim Mendelsohn*
- c. 10:00 am LEISURE HIKE. Big Creek Res. Snow Road PA. APT/Trails. 3 miles-*Ed Kana*
- d. 10:00 am Hinckley Res. Top O' Ledges PA. Trails/APT/Road. 5 miles-*Diane & Paul Urban*
- e. 7:00 pm Cleveland. University Circle, East 118th & Euclid Ave. parking lot. Sidewalks/Hill. 5 miles-*Thomas Cady*
- f. 7:00 pm CVNP. Canal Visitor Center. Valley View. Canal & Hillside Rds. Towpath. 5 miles (3 mile option)-*Kathy Wilmer*
- g. 7:00 pm ICE CREAM HIKE. Huntington Res. Wolf PA. Sidewalks. 5 miles-*Laszlo Prisko*

#### Saturday, August 22

- a. 8:30 am CVNP. Station Road Bridge. Towpath/Hill. 7 miles-*Bob Warner*
- b. 9:00 am Cleveland. Edgewater State Park. Park in the beach parking lot (not Perkins Beach). Roads/APT/Sidewalks. 6 miles-*Rhonda Skalsky*
- c. 10:00 am LEISURE HIKE. Rocky River Res. Scenic Park PA. APT. 3 miles-*Sonie Shull*
- d. 10:00 am Mohican State Forest, meet at fire tower, call leader for directions. Trails/Hills/Stream Crossing. 12 miles (6 mile option)-*Greg Anikeeff*
- e. 10:00 am South Chagrin Res. Polo Field. Park in lot on South Woodland Rd (Rt. 87) east of Chagrin River Rd. Trails. 5 miles-*Smiljka Bosnar*
- f. 2:00 pm Rocky River Res. South Mastick PA. Trails/APT. 6 miles-*Laszlo Prisko*
- g. 7:00 pm Huntington Res. Wolf PA. Trails/Beach/Hills/**Energetic**. 6 miles-*Joel Edmonds*

#### Sunday, August 23

- a. 9:00 am CVNP. Pine Lane Trailhead. **On & Off** Trails/Hills/**Energetic**. 10 miles-*Dave Tobiasz*
- b. 9:00 am North Chagrin Res. Nature Center. Trails/Hills. 10 miles-*Leo Deininger*
- c. 9:00 am Twinsburg. Dodge Middle School parking lot, 10225 Ravenna Rd. Trails/APT. 5 miles-*Sue Nelson*
- d. 9:00 am Berea. Coe Lake. (South Rocky River Dr. behind Berea Police Station). Trails/APT/Sidewalks. 10 miles-*Matt Collings*
- e. 9:00 am Rocky River Res. South Mastick PA. Trails/APT. 5 miles-*Gail Holian*
- f. 11:00 am ICE CREAM HIKE. Rocky River Res. South Mastick PA. APT. 5 miles-*Helga Balta*
- g. 2:00 pm LEISURE HIKE. Mill Stream Run Res. Bonnie Park PA. APT/Trails. 3 miles-*Bill Rettig*
- h. 2:00 pm Hinckley Res. Top O' Ledges PA. Trails/APT/Roads. 5 miles-*Diane & Paul Urban*
- i. 6:00 pm Hinckley Res. Spillway. Parking lot east of spillway (left when facing dam). Trails/APT/Hills. 5 miles-*Norma Delp*
- j. 6:00 pm Big Creek Res. Snow Road PA. APT. 5 miles (3 mile option)-*Kathy Wilmer*
- k. 6:00 pm Sagamore Hills. Sagamore Square Plaza, SR 82 and Holzhauser Rd. Roads/Trails/Hill 6 miles-*Janice Radl*

#### Monday, August 24

- a. 9:00 am South Chagrin Res. Shelterhouse PA. Trails/Hills/**Energetic**. 6 miles-*Peter Carlsson*
- b. 9:00 am South Chagrin Res. Shadow Lake PA. APT. 5 miles-*Ray Lusin*
- c. 9:00 am Avon. Avon Commons, SR 254 about 0.25 mile east of SR 83. Park by Kohl's. APT/Sidewalks. 5 miles-*Judy Muzzy*
- d. 9:30 am LEISURE CVNP CHALLENGE HIKE. Octagon Shelter. Trails/Hill. 3 miles-*John Nelson*
- e. 4:00 pm LEISURE HIKE. Mill Stream Run Res. Bonnie Park PA. APT. 3 miles-*Mary Del Heron*

- f. 7:00 pm ICE CREAM HIKE. Garfield Park Res. Nature Center. Sidewalks/APT. 5 miles-*Bob Krupa*
- g. 7:00 pm Rocky River Res. Nature Center overflow parking lot. Trails/Hills. 5 miles-*Ed Meleason*

## Tuesday, August 25

- a. 8:30 am Camp Onwego. Trails/APT. 6 miles-*Marie Buser*
- b. 9:00 am CVNP. Station Road Bridge. Trails/Hills. 7 miles (5 miles option)-*Eloise Plavney*
- c. 10:00 am LEISURE HIKE. Mill Stream Run Res. Bonnie Park PA. APT. 3 miles-*Kathy Wilmer*
- d. 10:00 am LEISURE HIKE. Willoughby. Erie St. & Euclid Ave. Meet at Gazebo. Sidewalks. 3 miles-*Ken Fink*
- e. 7:00 pm South Chagrin Res. Sulphur Springs PA. Trails/Hills/APT. 5 miles-*Thomas Cady*
- f. 7:00 pm Brecksville Res. Nature Center. Trails/Hills/APT. 5 miles-*Norma Delp*
- g. 7:00 pm Middleburg Hts. Heinen's parking lot, 15300 E. Bagley Rd. at Pearl Rd. Trails/Sidewalks/APT. 5 miles-*Bill Rettig*

## Wednesday, August 26 to Sunday, August 30 Ottawa, Ontario, Canada with Richard Urbas

### Wednesday, August 26

- a. 9:00 am CVNP. Boston Store. Trails/Hills. 6 miles-*Doreen King*
- b. 9:30 am Rocky River Res. South Mastick PA. Trails/Hill. 5 miles-*Tom Litzler*
- c. 10:00 am LEISURE ICE CREAM HIKE. Lorain County. Columbia Station. Columbia Res. on SR 82 west of SR 252. Bring lunch. No dogs. Trails. 4 miles-*Suzanne & Tim McCarthy*
- d. 10:00 am LEISURE HIKE. CVNP. Peninsula, Lock 29 overflow parking lot. Towpath. 4 miles-*Joan Clark*
- e. 7:00 pm Big Creek Res. Snow Road PA. Trails/APT. 5 miles (3 mile option)-*Mary Eitel-Kim*
- f. 7:00 pm South Chagrin Res. Sulphur Springs PA. Trails/Hills. 5 miles-*Darlene Jacobson*
- g. 7:00 pm ROOF TOP GARDEN HIKE. Cleveland Hts. Roxboro Elementary School parking lot, 2405 Roxboro Rd. (north off North Park Blvd.) Bring camera. Sidewalks. 5 miles-*C. J. Keyes*

### Thursday, August 27

- a. 8:00 am Rocky River Res. Nature Center overflow parking lot. APT/Trails/Hills. 5 miles-*Jane Pendley*
- b. 9:30 am WELLNESS HIKE. CVNP. Station Road Bridge. Hike normally or do periodic fast paces. Towpath. 5 miles-*John Nelson*
- c. 9:30 am South Chagrin Res. Shadow Lake PA. Trails/Hills. 8 miles-*Ed Dooner*
- d. 9:30 am CLEVELAND LANDMARKS HIKE. Cleveland Downtown. RIDE RTA (optional) Tower City. Meet by the Dancing Waters Fountain near the Food Court. Sidewalks. 5 miles-*Chris Rettig*
- e. 9:30 am LEISURE HIKE. South Chagrin Res. Shelterhouse PA. Trails. 3 miles-*George Allison*
- f. 10:00 am LEISURE HIKE. Big Creek Res. Snow Road PA. APT/Trails. 3 miles-*Rita Mason*
- g. 7:00 pm LAKE TO LAKE HIKE. Middleburg Hts. Middleburg Town Square Shopping Center. 18348 Bagley Rd. .5 miles west of I 71. Park in front of Regal Cinema. Boardwalks/APT. 5 miles-*Diana Stack*
- h. 7:00 pm North Chagrin Res. Strawberry PA. Trails/Hills/**Energetic**. 5 miles-*Bob Shroy*

### Friday, August 28

- a. 9:00 am CVNP. Happy Days. Trails/Hills. 5 miles-*Bill Minor*
- b. 9:00 am Mill Stream Run Res. Wallace Lake PA. Trails/APT/Sidewalks. 5 miles-*Bill Rettig*
- c. 10:00 am LEISURE HIKE. Rocky River Res. Nature Center overflow parking lot. Trails. 3 miles-*Ed Kana*
- d. 7:00 pm Brookside Res. Bear parking lot. Enter via John Nagy Blvd. east off Ridge Rd. Trails/Hills/APT. 5 miles-*Kathy Driscoll*
- e. 7:00 pm Cleveland. Shaker Square Cinemas, meet in front (free parking behind theater). Socialize after hike. Sidewalks. 5 miles-*Suzanne Bellini*
- f. 7:00 pm Rocky River Res. Memorial Field. Trails/Hills/**Energetic**. 5 miles-*Joel Edmonds*

### Saturday, August 29

- a. 8:00 am Shaker Hts. RTA parking lot, NW corner of Shaker Blvd. & Green Rd. Sidewalks/APT. 5 miles-*Beverly Dahms*
- b. 9:00 am Rocky River Res. Scenic Park PA. Roads/APT/Sidewalks. 5 miles-*Rhonda Skalsky*
- c. 10:00 am South Chagrin Res. Squaw Rock PA. Trails. 5 miles-*Smiljka Bosnar*
- d. 2:00 pm LEISURE HIKE. Big Creek Res. Fern Hill PA. APT/Trails. 3 miles-*Bill Rettig*

- e. 2:00 pm Rocky River Res. Nature Center overflow parking lot. Trails/Hills. 5 miles-*Arthur Moore*
- f. 7:00 pm LEISURE HIKE. Cleveland. Shaker Square Cinemas, meet in front (free parking behind theater). Socialize after hike. Sidewalks. 4 miles-*Suzanne Bellini*
- g. 7:00 pm CVNP. Lock 39. Enter off Rockside Rd. west of Canal Rd. Towpath/**Brisk**. 5 miles-*Karen Cogley*

### **Sunday, August 30**

- a. 8:00 am 90+ IN THE NECKLACE (PART 5) Cleveland. Edgewater State Park, west end (Perkins Beach). Enter lot from north end of West Blvd. See Newsteps for details. Shuttle required, carry lunch. Trails/APT/**Energetic**. 16 miles-*Gayle & Bob Shroy*
- b. 9:00 am Rocky River Res. Nature Center overflow parking lot. Trails/Steps/APT. 5 miles-*Diana Stack*
- c. 9:00 am North Chagrin Res. Nature Center. Trails/APT. 5 miles-*Ed Steigerwald*
- d. 9:00 am Brecksville Res. Nature Center. Trails/Hills/APT. 5 miles-*Norma Delp*
- e. 9:00 am South Chagrin Res. Shelterhouse PA. Trails/Hills/Stream Crossing. 5 miles-*Darlene Jacobson*
- f. 11:00 am South Chagrin Res. Shelterhouse PA. Trails/Hills. 5 miles-*Kevin Marriott*
- g. 11:00 am Brecksville Res. Nature Center. Trails/Hills. 5 miles-*Nick Caruso*
- h. 11:00 am Rocky River Res. Nature Center overflow parking lot. Trails/Hills/APT. 5 miles-*Bob Taylor*
- i. 1:00 pm LEISURE HIKE. Rocky River Res. Lewis Road Riding Rink. Trails. 3 miles-*Betty Green*
- j. 2:00 pm Big Creek Res. Snow Road PA. APT. 5 miles (3 mile option)-*Kathy Wilmer*
- k. 6:00 pm ICE CREAM HIKE. Avon. Avon Commons, SR 254 about 0.25 mile east of SR 83. Park by Kohl's. APT/Sidewalks. 5 miles-*Judy Muzzy*
- l. 6:00 pm Middleburg Hts. Heinen's parking lot, 15300 E. Bagley Rd. at Pearl Rd. Trails/APT/Sidewalks. 5 miles-*Diana Stack*
- m. 6:00 pm Sagamore Hills. Sagamore Square Plaza, SR 82 and Holzhauser Rd. Roads/Trails/Hill 6 miles-*Janice Radl*

### **Monday, August 31**

- a. 9:00 am Westlake. Clague Park, Hilliard & Clague Rds. Enter parking lot off Hilliard Rd. at east end of park. Sidewalks. 5 miles-*Bill Rettig*
- b. 9:30 am South Chagrin Res. Polo Field. Park in lot on South Woodland Rd (Rt. 87) east of Chagrin River Rd. Trails/Hills. 5 miles-*Bob Maruna*
- c. 10:00 am LEISURE HIKE. CVNP. Deep Lock Quarry. Towpath. 3 miles-*Victor Sandorf*
- d. 7:00 pm Ohio & Erie Canal Res. CanalWay Center. Cuyahoga Hts. Off E. 49th St. APT. 5 miles-*Bob Krupa*
- e. 7:00 pm Middleburg Hts. Heinen's parking lot, 15300 E. Bagley Rd. at Pearl Rd. Sidewalks/APT. 5 miles-*Rich Schapel*